

ROOSTER TALES

NOVEMBER 2023

ECO MEET

By Richard Robinson

Three teams represented Palco High School at the Sternberg regional Eco-meet on Thursday, October 5th. The competition included eleven teams and 44 individuals from three schools. Eco-meet consists of 4 events: plant identification, Interpretive (skit), and two rotating tests (this year- shortgrass prairie and mammalogy). The top three teams and the top two individuals in the rotating tests qualify for state. We qualified two teams and one individual for the state competition. State will be held November 2nd at Cheyenne Bottoms. Our A team placed 1st overall and our B team placed 2nd, and Aidan Karlin qualified as an individual placing 2nd on the Mammalogy test.

First place team: Abi Eickelberry, Mikaela Merceri, Anneliese Roy, and Kenzie Wells. This team won the plant identification, was 2nd in interpretive, 4th in the mammalogy test, and 6th in shortgrass prairie test. Anneliese Roy was 3rd on the shortgrass prairie test and 15th on the mammalogy test. Kenzie Wells was 12th on the mammalogy test and Abi Eickleberry was 19th on the shortgrass prairie test.

Second place team: Sarah Clark, Ethan Gaschler, Aidan Karlin, and Jolie Kuhn. This team was 1st in the Interpretive and 1st in the Mammalogy events, they placed 2nd in Plant identification, and 4th in shortgrass prairie. Aidan Karlin was 2nd in Mammalogy and 12th in shortgrass prairie. Ethan Gaschler was 3rd in Mammalogy and 8th in shortgrass prairie. Sarah Clark was 5th in Mammalogy and Jolie Kuhn was 18th in mammalogy.

C team: Carson Knipp, Bryson Bollig, Landyn Gosselin, and Colton Acheson. Bryson Bollig placed 19th in Mammalogy. These young men finished 11th as a team.



Grandparents

Take my little hand,
guide me as I grow.
Teach me love and faith,
and all that I must know.

Be my faithful loving guide,
show me wrong from right.
Be with me in by brightest days,
and, too, my darkest nights.

Grandparents, you're my angels,
sent from God above.

As you guide and care for me,
please know that you are loved!

- Dandelion Wishes



30 Days of Gratitude Challenge

Day 1

Write down three people who you are thankful for.

Day 2

Tell someone why you are grateful to have them in your life.

Day 3

Go one full day without complaining.

Day 4

Write down the best thing that happened today.

Day 5

Take time to smile at everyone you see today.

Day 6

Do a random act of kindness for someone.

Day 7

Spend 30 minutes doing something you love.

Day 8

Write down three things that you are grateful for.

Day 9

Write thank you notes to five people in your life.

Day 10

Recognize someone in your family who looks after you.

Day 11

Do something nice for a classmate.

Day 12

Sit down with someone and share what you are both grateful for.

Day 13

Write down three things that you like about school.

Day 14

Turn any negative thoughts into positive thoughts.

Day 15

Write down five things that you love about yourself.

Day 16

Think about three things that you usually take for granted.

Day 17

Write about your hobbies and why you love them.

Day 18

Think about what you're grateful for before going to bed tonight.

Day 19

Tell three people in your life why you appreciate them.

Day 20

Watch for a classmate doing a good job and thank them for it.

Day 21

Think of someone who helped you today and thank them for it.

Day 22

Write down three things that you appreciate about your teacher.

Day 23

Notice positive traits about each of your classmates.

Day 24

Spend quality time with loved ones, without any screens.

Day 25

Think of something great that has happened to you this month or year.

Day 26

Write a thank-you note to a classmate.

Day 27

Avoid gossip or speaking negatively about others.

Day 28

Compliment a stranger.

Day 29

Start a gratitude journal and keep practicing gratitude.

Day 30

Well done! You've done a great job. Congratulate yourself today.



Created by
Sue Lindquist
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2010

HAPPY THANKSGIVING WORD SEARCH

P	C	O	W	X	Y	W	O	C	O	W	X	Y	W	W
U	H	K	E	A	U	L	U	F	K	N	A	H	T	E
M	V	O	I	S	T	U	F	F	I	N	G	F	D	D
P	M	J	L	W	M	C	K	Y	J	T	W	A	C	B
K	T	A	U	I	K	N	J	T	G	U	D	M	N	R
I	N	M	H	C	D	G	M	U	M	Y	E	I	G	E
N	R	V	I	E	O	A	H	R	V	I	E	L	J	A
Q	E	B	O	R	L	D	Y	K	P	O	R	Y	D	D
F	R	I	E	N	D	S	A	E	I	P	F	P	K	D
S	Q	U	L	B	L	L	S	Y	U	L	B	L	L	O
W	A	Y	G	S	E	O	T	A	T	O	P	A	O	O
X	S	A	L	A	D	I	X	S	T	K	G	Q	I	F
D	Y	A	M	A	D	S	D	D	R	M	B	Z	U	U
F	L	T	H	A	N	K	S	G	I	V	I	N	G	Y
G	P	Q	C	H	S	E	L	B	A	T	E	G	E	V

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

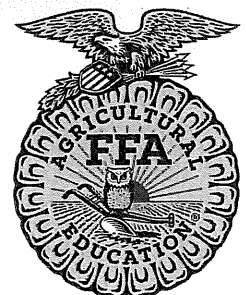
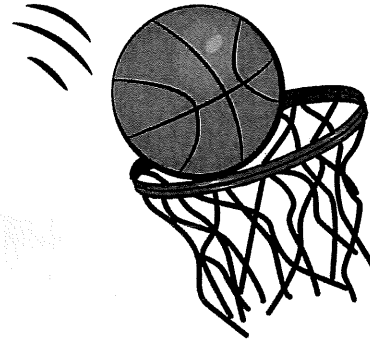
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|-----------------|-------------|-------------|----------------|
| 1. THANKSGIVING | 5. THANKFUL | 9. STUFFING | 13. PUMPKIN |
| 2. HOLIDAY | 6. FOOD | 10. SALAD | 14. PIE |
| 3. FAMILY | 7. TURKEY | 11. BREAD | 15. VEGETABLES |
| 4. FRIENDS | 8. POTATOES | 12. YAM | 16. HAM |

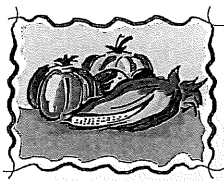


WHAT'S HAPPENING IN . . .

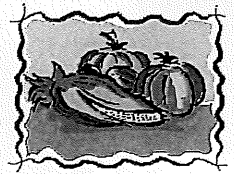
NOVEMBER 2023

- 1 Early Release 1 PM, NO PM PK, In-service
- 2 FFA National Convention @ Indianapolis
HS Scholars Bowl @ Palco 4 PM
- 3 FFA National Convention @ Indianapolis
HS FB Regional TBD
- 4 FFA National Convention @ Indianapolis
- 5 Daylight Savings Time Ends
- 6 Leann'a Portraits Picture Day SMILE BIG!
HS Scholars Bowl Western Plains @ Ransom 4 PM
- 7 JH BB @ Osborne 4 PM
- 10 Veterans Day Program @ PJSHS 1 PM
HS FB Sectional
- 12 4-H 7 PM
- 13 JH BB Oberlin @ Logan 4 PM
B.O.E. Mtg. 7:30 PM
- 14 Fall Sports Banquet @ Palco 7 PM
- 15 Food Science, Milk Quality & Products @ WaKeeney 9:30 AM
- 16 JH BB Golden Plains @ Damar 4 PM
- 17 HS FB Sub-State TBD
- 20 JH BB Thunder Ridge @ Damar 4 PM
- 22 NO SCHOOL
- 23 Happy Thanksgiving NO SCHOOL
- 24 NO SCHOOL
- 25 HS FB State TBD
- 28 Vet Science @ Colby 9 AM, Discussion Mtg. @ Colby 1 PM
- 30 JH BB Northern Valley @ Almena 4 PM






November 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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All menus served with milk.
 All menus subject to change.
 USDA is an equal opportunity provider.

			1 Chicken Nuggets Mashed Potato Cooked Carrots WW Roll Fruit Choices Garden Bar	2 Grilled Cheese Tomato Soup Fries Fruit Choices Garden Bar	3 Sloppy Joes Sun Chips Baked Beans Fruit Choices Garden Bar	4
5	6 White Chicken Chili Corn Bread Fruit Choices Garden Bar	7 BBQ Meatballs Mac & Cheese Green Beans WW Bread Fruit Choices Garden Bar	8 Beef Biscuit Roll Mashed Pot/Gravy Fruit Choices Garden Bar	9 Tacos Mexican Rice Corn WG Tortilla Chips Fruit Choices Garden Bar	10 Beef & Noodles Mashed Potato Green Beans WW Roll Fruit Choices Garden Bar	11
12	13 McChicken on WW Bun Curly Fries Baked Beans Fruit Choices Garden Bar	14 Goulash Corn WW Bread Fruit Choices Garden Bar	15 Corn Dogs Tri-Tater Fruit Choices Garden Bar	16 Deli Ham on Crossiant Cottage Cheese Sun Chips Fruit Choices Garden Bar	17 Turkey Roast Mashed Potato Green Beans WW Roll Fruit Choices Garden Bar Pumpkin Bar	18
19	20 Pizza Boats Bread Sticks Fruit Choices Garden Bar	21 Chicken Fajita Lettuce Tomato WG Tortilla Chips Black Bean Corn Salsa Fruit Choices Garden Bar	22 NO SCHOOL	23 HAPPY THANKSGIVING 	24 NO SCHOOL	25
26	27 Chicken Strips Mashed Potato Cooked Carrots WW Roll Fruit Choices Garden Bar	28 Spaghetti Bread Stick Fruit Choices Garden Bar	29 Chili WG Tortilla Chips Fruit Choices Garden Bar Cinnamon Roll	30 Beef & Bean Burrito Corn WG Tortilla Chips Salsa Fruit Choices Garden Bar		